



The 3rd Annual Catie Carnes Foundation, Inc.
Run/Walk to support Juvenile Diabetes research

Send checks to Charm City Run, Giddy' Up 5K
P.O. Box 5464, Towson, MD 21285

*Make checks payable to the
Catie Carnes Foundation, Inc.*

Please mail by August 1, 2014 to ensure race entry

Amount Enclosed: \$ _____

Men's Women's

T-Shirt Size: XS ___ S ___ M ___ L ___ XL ___ XXL ___

(T-shirts are provided to the first 350 entrants. Size not guaranteed)

I would like to make a donation:

Amount Enclosed: \$ _____

Name _____

Email _____

Street _____

City _____ State _____

Zip _____

Phone _____ Male ___ Female ___

Age on Race Day _____

Waiver: In consideration of the right granted to me to participate in the Giddy' Up 5K, the Third Annual Catie Carnes Run/Walk to support Juvenile Diabetes on Sunday, August 10, 2014, I hereby waive all claims and damages against the Catie Carnes Foundation, Inc., Charm City Run and the Race Committee and any other sponsor and organizers arising from my participation or injury I might suffer in this event. I attest that I am physically fit and prepared for this event.

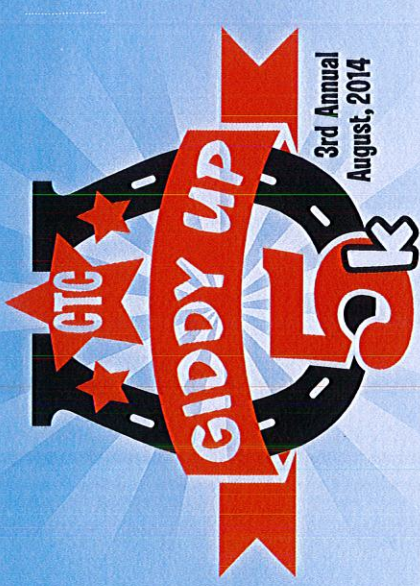
Signature _____

Date _____

Parent or guardian if under 18

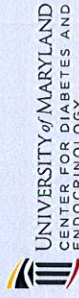
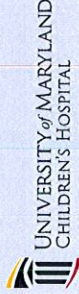


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Towson, MD 21285



THE 3RD ANNUAL CATIE CARNES FOUNDATION, INC. RUN/WALK

Benefitting



**5K RUN &
1 MILE FAMILY
FUN WALK!**

Sunday, August 10, 2014
Padonia Park Club
Cockeysville, MD 21030
8 AM Start | Rain or Shine

NEW LOCATION!